



VILLAGE GREEN

# Home energy self-check

A quick, practical check to help you save money and make your home work better.

You do not need expensive upgrades to get started. Tick what already sounds true for your home, then choose one simple next step.



1

## Keep warmth in



- I can feel where draughts are coming in around doors or windows
- I have checked loft or roof insulation
- Curtains or blinds help keep heat in at night
- Hot water pipes or tanks are insulated where possible

2

## Use heating wisely



- My heating timer matches when I am actually at home
- My thermostat is set at a comfortable, sensible level
- Radiators can heat up properly
- I avoid heating empty rooms for longer than needed

3

## Cut electricity waste



- Most of my bulbs are LED bulbs
- I switch appliances off rather than leaving them on standby
- I only boil the water I need
- Washing and dish loads are run efficiently when possible

4

## Choose one next step



The first thing I will do this week is:

One thing I want to check is:

A simple change that could save money is:

## Why it helps



**Save money**  
Lower bills, more money for the that matter.



**Stay warmer**  
A warmer home is more comfortable and healthier.



**Cut waste**  
Use less energy, waste less, save more.



**Protect rural life**  
Good choices today help keep North Yorkshire thriving.

## How did you do?



If you ticked lots of boxes, you are off to a strong start. If not, that is fine — one small change can still make a real difference.



Find more practical tips at [villagegreen.org.uk](http://villagegreen.org.uk)